

# Recipes

by ky

## Classic Acai Bowl

Serves: 1

What you'll need.

2 packets of Sambazon frozen acai

1/4 cup unsweetened almond milk

1 tbsp chia seeds

1 frozen banana

fresh berries (strawberries, raspberries, blueberries - your choice)

1/4 cup granola of your choice

2 tbsps almond butter

Prep time: 0 mins

Cooking time: 5 mins

How it's made:

1. Run acai packets under hot water for 5 seconds

2. Empty both acai packets into a blender

3. Add 1 frozen banana to the blender

4. Add 1/4 cup of almond milk to the blender

5. Add 1 tbsp of chia seeds to the blender

6. Blend ingredients together until smooth

7. Pour acai mixture into a bowl

8. Top with granola, fresh berries, and almond butter

Note: if you want a thicker base, use less almond milk. Other topping recommendations - fresh banana, coconut flakes, nuts, peanut butter